

# Rural Support Service - Diabetes Service T2D Education Pathway

## Newly diagnosed

### Variations to pathway

Admission to hospital  
Fasting procedures  
Pregnancy (pre-preg & current)  
Following illness  
Ketones if at risk  
BG / HbA1c out of target  
Initiation/Upgrade of CGM/FGM  
Sexual health (menarch, contraception, menopause)  
Smoking / drugs  
Travelling  
At risk feet  
Active foot pathology  
Late diagnosis & complications  
Renal  
MI / Angina / Stroke / PVD  
Vision loss

Cycle of care  
Nutrition (+ CHO/Alcohol) plan  
Exercise / activity action plan  
Sick day action  
Medication action plan  
Blood glucose monitoring & targets  
Foot care action plan  
Dental  
Pre pregnancy counselling  
Anxiety / depression screening  
NDSS

### Non hypoglycaemia risk medication

Review & update above

### Hypoglycaemia risk medication

Review & update above plus  
– Hypo action plan  
– Driving  
– Alcohol

### Basal insulin

Review & update above plus  
– Insulin action plan

### Meal-time (rapid insulin)

Review & update above plus  
– Review / modify BG targets

Complications  
Comorbidities  
Variations to pathway

Review & update above plus  
– Review / modify BG targets

