

Rural Support Service (RSS) Diabetes Service Nurse Practitioner

The aim of the RSS Diabetes Service Nurse Practitioner is to provide an equitable, consistent and systematic approach to diabetes care where there is no service (or limited services) offered.

The purpose of this service is to provide you and your patients with advanced diabetes health management advice and education based on a shared care model.

The service is provided through the Regional Local Health Networks.

Nurse Practitioner

A **Nurse Practitioner** is a Registered Nurse educated and authorised to function in an advanced and extended clinical role.

National competency

The National Competency Standards for the Nurse Practitioner build on the core competency standards for Registered Nurses and Midwives, and the advanced nursing practice competency standards.

A copy of the National Competency Standards for the Nurse Practitioner is available from Nursing & Midwifery Board of Australia, available at:

<http://www.nursingmidwiferyboard.gov.au/Codes-Guidelines-Statements/Codes-Guidelines.aspx>

The Diabetes Service Nurse Practitioner also operates under the Australian Diabetes Educators Association Standards of Practice and is a **Credentialed Diabetes Educator™**.

The key performance indicators of this service is patient care, organisational health systems and cost benefit outcomes.

Diabetes services

The Diabetes Service Nurse Practitioner offers advanced diabetes treatment advice and education for people with diabetes residing in the community or at a residential aged care facility or whilst admitted to a Regional Local Health Network Hospital or Health Service.

The service is provided either via direct contact with patients and/or carers or using the digital telehealth network established in the Regional Local Health Networks.

Health management advice & education

The Diabetes Service Nurse Practitioner provides health management advice and education for:

- > children, young people and adults with type 1 diabetes
- > children and young people with type 2 diabetes
- > carers of people with diabetes including children's services
- > people using insulin pump therapy
- > women with gestational diabetes
- > women with diabetes who are considering pregnancy or who are pregnant
- > people who require initiation of oral hypoglycaemic agents and/or injectables, review and titration of existing diabetes medications

- > people who have been diagnosed for some time and require assistance due to;
 - > changes in therapy
 - > diagnosis of a complication
 - > diagnosis of a co-morbidity
 - > risk of hypo or hyperglycaemia
- > registration to National Diabetes Service Scheme.

Specific services

Specific services offered by the Diabetes Service Nurse Practitioner include:

- > inpatient consultation
- > community consultation
- > individualised advice for administration of insulin
- > individualised action plans for hypo and hyperglycaemia
- > individualised advice for blood glucose and ketone monitoring
- > continuous glucose monitoring
- > continuous subcutaneous insulin infusions (insulin pump therapy).

Diabetes self-management education is a specialty area of practice and is both a therapeutic and educational intervention.

The overarching goal is the optimal health and wellbeing of people living by diabetes.

Scope of practice

The role of the Diabetes Service Nurse Practitioner represents an innovative response to increase the capacity of Regional Local Health Networks to meet the increasing demands of workforce development and clinical care and provide a nursing model of care that embraces skill and task transfer within a collaborative framework.

The role of the Diabetes Service Nurse Practitioner includes assessment and management of people with diabetes using advanced nursing knowledge and skills and may include, but is not limited to, the direct referral of patients to other health care professionals, prescribing medications and ordering diagnostic investigations.

The Diabetes Service Nurse Practitioner will:

- > provide a link between patients, Endocrinologists, Specialist Physicians, Medical Practitioners, Credentialed Diabetes Educators, Allied Health Care Professionals, metropolitan Diabetes Centres, and Community Organisations
- > actively promote diabetes health awareness and primary prevention
- > demonstrate a high standard of professional practice and clinical leadership
- > maintain involvement in organisational and professional matters, training programs and clinical supervision
- > facilitate research and quality improvement in diabetes.

Referrals

As a health care professional, you are welcome to refer your patients to the Diabetes Service.

Please complete the Community Health Service Referral form available on the SA Health website:

www.sahealth.sa.gov.au/countryreferralunit

Telephone: 1800 003 307

Facsimile: 1800 771 211

Email:

Health.CHSACountryReferralUnit@health.sa.gov.au

For more information contact:

Collette Hooper

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Diabetes Service

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Facsimile: (08) 8823 0268

Email: collette.hooper@sa.gov.au

Website: www.chsa-diabetes.org.au

For information in languages other than English, call the Interpreting and Translating Centre on (08) 8226 1990. Ask them to call The Department of Health and Ageing.

This service is available at no cost to you.

Diabetes Service Nurse Practitioner

*Information for health
care professionals*

Rural Support Service